## Request for participation in research project

This project is a part of the master's thesis in the MSc in Leadership and Organizational Psychology at BI Norwegian Business School. Through this project, we intend to investigate the impact of mindfulness on task performance and how stress might explain this relationship.

The project requires the active participation in an experiment. Data concerning self-assessment of mindfulness and cognitive processing, as well as sensors that measure stress levels will be collected during the experiment. The methods used for data collection are not invasive and/or harmful to the participant.

All personal data will be treated confidentially. Personal data will be stored in a separate file and protected with password and login, accessible only to the project members.

The project is scheduled for completion by 01.09.2018. Once the project is finalized, all personal data will be deleted, in such a way that the only available data will be anonymous.

No names, addresses, e-mails, or other personal data will be used in the publication resulting from this project.

It is voluntary to participate in the project, and you can at any time choose to withdraw your consent without stating any reason. If you decide to withdraw, all your personal data will be made anonymous or deleted.

If you would like to participate or if you have any questions concerning the project, please contact any of these project members:

- Lewend Mayiwar (<u>lewend.mayiwar@student.bi.no</u>, +47 922 18 868)
- Thorvald Hærem (thorvald.harem@bi.no, +47 464 10 720)

The study has been notified to the Data Protection Official for Research, Norwegian Social Science Data Services.

## Consent for participation in the study

I have received information about the project and am willing to participate
(Signed by participant, date)
Participant's Subject ID: